

## Autumn

Autumn/Fall is my favorite time of year. Nature is so alive. Color pops out from every tree. When the sun hits the colorful leaves, it adds another attribute to the beauty. The season is truly beautiful.

A few years ago I read something that stuck with me about the Autumn season. It discussed how Autumn is the time for things to die off. I remember thinking how can death be so gorgeous. Giving this more thought, while we watch things die off and go into winter, I realized that nature's true colors show up at the end of the year and then prepares for a new birth or new beginning for the new year.

Today I read a FaceBook post that struck me in the same way. *“The trees are about to show us how lovely it is to let things go.”* What a wonderful thought!

There is so much we can learn just by watching nature. We can learn how to bend, not break. We can learn how to weather the storm. We can learn how to stand tall and show our strength. We can learn how to comfort by offering shade, especially on a hot day or to help keep the sun out of our eyes. We can see that the sun and moon will always come around again. We can watch flowers grow after a gentle rain. And now we can learn how to let go.

God has so many ways to communicate with us, but we have to listen. During Autumn, as well as all the other seasons, look around and see what's happening. Then ask yourself: *“Is this God's message for me?”*