

Surrender

The word 'surrender' is often linked to the word 'failure'. We have trouble surrendering a thought or situation because we feel like we have quit something or failed in some way. To keep from quitting or failing, we carry on with the overwhelming struggle. We try and force things to happen to make the situation better. Of course this only makes the matter worse. Surrendering does not occur to us as perhaps the best option available to us.

When we view our situation and cannot solve the problem, the best thing for us to do is “surrender” the situation to God and the Angels. By letting go of all thoughts about situation and completely stop talking about the issue, we release it. As early as the next morning, we may have a completely different thought that has popped into our mind that would heal the issue or situation.

Most of us have this idea that we must control everything in our world and sometimes even other peoples' worlds. There are times we may become physically ill when we cannot get an issue resolved. These are definitely times when surrendering is our best course of action.

It is true that 'no action' is an action. The no action turns to neglect and will bring about some form of change if left unattended for long periods of time. However, surrendering a current issue that needs healing is like a time out. We ask for guidance or a solution and relieve our self of this headache for a little while. In time, we see the situation being healed. Maybe the hurt feelings of the people involved lessen. Perhaps a new development comes into being that brings the situation to a resolution that makes everyone involved happy.

Surrender does not mean you have lost. Surrendering can be a great tool for you to have in your toolbox and use when needed.